
Welcome to Aalborg Psychiatric Summer School 2014

First announcement

Aalborg Psychiatric Hospital, which is part of Aalborg University Hospital, arranges for the 8th time *Aalborg Psychiatric Summer School*, August 25 – 29, 2014. The following courses are offered in 2014:

- **ADHD in adults (August 28th 2014 – 1 day)**
- **Autism spectrum disorder (ASD) in adults (August 25th 2014 – 1 day)**
- **Metacognition in schizophrenia (August 25th to August 27th 2014 – 3 days)**
- **SCAN – Present State Examination (August 25th to August 29th 2014 – 5 days)**
- **Scientific Writing and Publishing (August 25th to August 29th 2014 – 5 days)**
- **Mixed Methods Research Design – basic workshop (August 25th to August 27th 2014 – 2,5 day)**
- **Mixed Methods Research Design – advanced workshop (August 28th to August 29th 2014 – 2 days)**
- **Basic psychopharmacology (August 25th to August 26th 2014 – 2 days)**
- **Advanced psychopharmacology (August 27th to August 29th 2014 - 3 days)**

We intent, besides offering relevant courses of a high professional level, to gather young clinicians and researchers together with seniors in an international professional and social creation of networks.

We have some of the best Danish and international teachers. The training consists of a mix of presentations and workshops. The limited number of participants accommodates the need for intensive personal training in an interaction between teachers, course faculty and fellow participants.

THE COURSES:

ADHD in adults (August 28th 2014)

- This workshop is open for colleagues working in the health services with an interest in the assessment and treatment of adult ADHD. The workshop is of special relevance to psychiatrists and clinical psychologists.
- The workshop will provide a presentation of the symptoms of ADHD in adults and will have a focus on both assessment and treatment.
- The duration will be one day.
- Language: Danish with the Danish speaker/English with the foreign speakers
- Participants: 20
- Course leader: Professor Hans-Christoph Steinhausen

Autism spectrum disorder (ASD) in adults (August 25th 2014)

- The course is directed for the staff in psychiatric hospital working with and interested in the diagnosing and treatment of adults with ASD. The course is addressing mainly psychologists and psychiatrists
- During the course a presentation of symptoms of ASD in adults will be provided, especially focusing on psychiatric assessment and psychological testing but treatment and outcome will also be mentioned
- The different topics will be supported by available research as relevant
- Language: Danish/English (dependent on nationality of participants)
- Number of participants: 20
- Course leader: Child and adolescent psychiatrist, associate professor, DMSc Marlene B. Lauritsen

Metacognition in schizophrenia: Methods for assessment and treatment approaches using individual psychotherapy – workshop (August 25th to August 27th 2014, 3 days)

- Target audience includes graduate students, and mental health professionals with backgrounds in psychology, nursing, psychiatry, and social work interested in studying or treating adults with schizophrenia spectrum disorders.
- After attending this course, participants
 - 1) express understanding of assessing metacognition using the Metacognitive Assessment Scale-Abbreviated basics of conducting mixed methods research
 - 2) become familiar with research using this scale
 - 3) describe understanding of the general conditions needed for individual psychotherapy to address metacognition
 - 4) discuss the eight specific processes and conditions needed for individual psychotherapy to address metacognition and express understanding of how to assess them.
- To get the most out of the workshop, participants should have read the required reading prior to attending the workshop and actively engage in all group discussions.
- Language: English with Danish support.
- Number of participants: 20 (international audience)
- Course leaders: Paul H Lysaker Ph.D. Professor of Clinical Psychology and Clinical Psychologist and Kelly D Buck, MSN, APRN-BC, Clinical Nurse Specialist.

Scientific writing and publishing (August 25th to 29th 2014, 5 days)

The workshop aims at bringing the participants a basic understanding of how to write a scientific manuscript and how to improve the chances for succeeding in getting the manuscript published. The workshop consists of input from the course leader and workshops during which the participants work together on their own manuscripts under supervision by the course leader.

- Target audience is physicians, psychologists and other with a limited experience in writing manuscripts for international peer reviewed journals and supervisors who want an update in *scientific writing and publishing*.
- Every one of the participants must submit a draft manuscript or a research protocol under preparation one month before the course.
- Language: English
- Number of participants: 12 (international audience)
- Course leader: Povl Munk-Jørgensen, has acted as editor-in-chief for more than 16 years for the successful, general psychiatric journal *Acta Psychiatrica Scandinavica*. He has been teaching internationally at numerous courses and workshops like the present

SCAN – Present State Examination (August 25th to August 29th 2014, 5 days) [only for Scandinavian speaking participants]

- Target audience is mainly physicians and psychologists
- Theoretical training in psychopathology, instruction and training in the use of PSE for patient interview
- The course has been approved as an official SCAN course. The teachers are authorized SCAN teachers.
- Language: Danish and English.
- Number of participants: 8 (target audience: Denmark, Norway and Sweden).
- Course leader: psychologist Anelia Larsen, PhD

Mixed Methods Research Design – basic workshop (August 25th to August 27th 2014, 2,5 days)

- Target audience is graduate students, physician researchers and others interested in designing mixed methods projects that use qualitative and quantitative data in their research.
- After attending this course, participants will
 - 1) understand basics of conducting mixed methods research
 - 2) develop rigorous mixed methods research questions appropriate to their topics
 - 3) identify appropriate qualitative and quantitative data sources
 - 4) understand mixed methods designs
 - 5) choose one mixed methods design appropriate to their research questions
 - 6) develop an implementation plan using a mixed methods implementation matrix
 - 7) prepare for data mixing/integration
 - 8) develop a plan for publication and consider approaches for responding to reviews.
- To get the most out of the workshop, participants should expect to do assignments about one hour each day after the workshop!
- Language: English with Danish support.
- Number of participants: 20 (international audience)
- Course leaders: Michael Feters, MD, MPH, MA, professor, Mixed Methodologist and Benjamin Crabtree, PhD, professor, mixed methodologist.

Mixed Methods Research Design – advanced workshop (August 28th to August 29th 2014, 2 days)

- Target audience is researchers already using a mixed methods research design. Participant must bring own qualitative and quantitative data.
- After attending this course, participants will
 - 1) understand the four advanced mixed methods frameworks
 - 2) be able to determine which advanced framework their project best fits with
 - 3) understand advanced methods in integration
 - 4) develop joint displays/visuals of their qualitative and quantitative data
 - 5) understand strengths and limitations regarding their own projects
 - 6) identify challenges to their work
 - 7) plan for next steps in their own projects.
- To get the most out of the workshop, participants should expect to do assignments about one hour each day after the workshop!
- Language: English with Danish support.
- Number of participants: 10 (international audience)
- Course leaders: Michael Feters, MD, MPH, MA, professor, Mixed Methodologist and Benjamin Crabtree, PhD, professor, mixed methodologist.

Basic psychopharmacology (August 25th to August 26th 2014, 2 days)

- Target audience is physicians and psychologists and others interested in psychopharmacology.
- The course in basic psychopharmacology introduces the participants to general pharmacological principles and receptor systems. This course gives the necessary knowledge for participation in the advanced psychopharmacological course.
- Language: Depending on the participants. If there are any international participants, the language will be English otherwise Danish.
- Number of participants: 14 (international audience)
- Course leader: René Ernst Nielsen, MD, PhD.

Advanced psychopharmacology (August 27th to August 29th 2014, 3 days)

- Target audience is physicians and psychologists.
- International and Danish lecturers will give insights into clinical psychopharmacology. The participants are requested to send cases with psychopharmacological problems – to be discussed during the course
- Language: Depending on the participants. If there are any international participants, the language will be English otherwise Danish.
- Number of participants: 14 (international audience)
- Course leader: René Ernst Nielsen, MD, PhD.

Lectures - during lunch time

Tuesday August 26 th at 12.00-13.00:	Paul Lysaker, (theme: meta-kognition)
Wednesday August 27 th at 12.00-13.00:	Benjamin Crabtree (theme: not yet decided)
Thursday August 28 th at 12.00-13.00:	Michael Rösler (theme: The social consequences of adult ADHD)

Lunch will be served during the lectures.

Registration fee

- *ADHD in adult*: Euro **150**
 - *Autism Spectrum Disorder (ASD) in adult*: Euro **150**
 - *SCAN*: Euro **500**
 - *Scientific writing and publishing*: Euro **500**
 - *Metacognition in schizophrenia*: Euro **350**
 - *Mixed Methods Research Design - Basic*: Euro **350**
 - *Mixed Methods Research Design – Advanced*: Euro **250**
 - *Basic Psychopharmacology*: Euro **250**
 - *Advanced Psychopharmacology*: Euro **350**
- (If you choose to follow both the *Basic Psychopharmacology* course and the follow-up course *Advanced Psychopharmacology* the price for the two courses will be Euro **500**)

The fee includes training, course material, lunch, coffee/tea morning and afternoon and lectures.

Prices are based on expected financial support for the academic program from the pharmaceutical industry.

Accommodation

Accommodations must be booked and paid by the participants themselves. We can recommend the hotels below which are within walking distance from the venue.

Prinsen Hotel, www.prinsen-hotel.dk/, phone +45 9813 3733

Hotel Hvide Hus, http://www.hotelscombined.dk/Hotel/Hotel_Hvide_Hus_Aalborg.htm , phone +45 9813 8400

Quality Hotel Aalborg, <http://hotelsogning.dk/dk/quality-hotel-aalborg/> phone + 45 7012 5151

Venue

Aalborg Psychiatric Hospital, Mølleparkvej 10, 9000 Aalborg, Denmark.

Registration

Registration to e-mail: chjo@m.dk informing about your name, title, line of work, address, telephone number, e-mail and which course you are interested in. You will then be contacted once the programme has been finalized (**deadline for binding registration 4 June 2014**). Information regarding payment will be sent to the participants.

We are looking forward to seeing you at the *Aalborg Psychiatric Summer School 2014*.

Best regards
on behalf of the Summer School Faculty

René E. Nielsen, MD, PhD
Chairman of the Summer School